

**F** eye or vision disturbances    **A** abdominal pain or cramps    **R** reduction in foetal movements

**N**ausea, vomiting and other flu-like symptoms

**R**egular contractions

**O**edema swelling of hands or face

**B**ackache or pelvic pressure

Leaking fluid from vagina

You are worried, concerned or just don't 'feel right'

"It's probably nothing, but it might be something"

# National Premature Birth Awareness Week

24 - 30 November



## BORN EARLY

Awareness. Research. Support.

To support this special week we will be selling

### BORN EARLY Ribbons



### \$2 each



Solving the puzzle of premature birth

