

Flye or vision disturbances **A**bdominal pain or cramps **R**eduction in foetal movements

Nausea, vomiting and other flu-like symptoms

Regular contractions

Oedema swelling of hands or face

Backache or pelvic pressure

Leaking fluid from vagina

You are worried, concerned or just don't 'feel right'

"It's probably nothing, but it might be something"

National Premature Birth Awareness Week 24 - 30 November



BORN EARLY

Awareness. Research. Support.

To support this special week, we will be
holding a **GET TOGETHER**

At:

Date:

Bring:

and an **Orange (gold) coin donation!**



Solving the puzzle of
premature birth



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